



LUNCH MENU

ericsgourmet.com

GREEN SALADS

Small or Large
\$4.50 – \$9.98

Steak & Spinach

Spinach, Kalamata Olives, Caramelized Onions,
Roasted Red Pepper, Gorgonzola, Balsamic Vinaigrette

Chef

Romaine Hearts, Turkey, Ham, Cheese, Egg,
Tomato, Ranch Dressing

Cobb

Romaine Hearts, Chicken Breast, Bacon, Tomato, Egg,
Blue Cheese, Avocado, Blue Cheese Dressing

Chicken Caesar

Romaine Hearts, Chicken Breast, Homemade Croutons,
Shaved Parmesan, Homemade Caesar Dressing

Summer

Organic Spring Mix, Dried Apricots & Cranberries,
Chicken, Honey Maple Walnuts, Gorgonzola,
Honey Mustard Dressing

Chinese Chicken

Organic Mixed Greens, Chicken, Peanuts, Green Onion,
Crispy Noodles, Homemade Chinese Dressing

Spinach

Tomato, Bacon, Egg, Onion, Poppyseed Dressing

Greek

Romaine Hearts, Feta, Kalamata Olives, Onion, Tomatoes,
Pepperoncini, Artichoke Hearts, Italian Dressing

Mozzarella Pine Nut

Organic Spring Mix, Fresh Mozzarella, Pine Nuts,
Tomatoes, Kalamata Olives, Green Onion,
Balsamic Vinaigrette Dressing

Niçoise

Organic Spring Mix, Albacore Tuna, Niçoise Olives, Capers,
Green Beans, Tomato, Egg, Balsamic Vinaigrette Dressing

Southwest

Romaine Hearts, Corn, Black Beans, Feta, Bell Peppers,
Italian Dressing

WRAPS

\$7.25 – \$9.50

Chicken Caesar

Romaine Hearts, Chicken Breast, Parmesan,
Homemade Croutons, Homemade Caesar Dressing

Southwest

Rice, Chicken, Peppers, Onion, Cilantro, Spices

Turkey BLT

Lettuce, Tomato, Bacon, Mayo

Smoked Turkey

Lettuce, Tomato, Cucumber, Avocado,
Honey Mustard Dressing

Chinese Chicken

Mixed Greens, Peanuts, Cilantro, Sesame Dressing

Turkey Club

Swiss, Bacon, Lettuce, Tomato, Mayo

Portobello Mushroom

Roasted Red Pepper, Fresh Mozzarella

Tuna

Albacore Tuna Salad, Lettuce, Tomato, Red Peppers

Eggplant

Spinach, Roasted Red Peppers, Onion, Tomato, Pesto Mayo

Italian Sub

Prosciutto, Mortadella, Copa, Salami, Provolone,
Artichoke Hearts, Lettuce, Tomato, Onion

CLASSIC SANDWICHES

Mayo or Pesto Mayo, Mustard, Lettuce, Tomato, Onion,
Pickle (Pepperoncini, Oil & Vinegar upon Request)

Bread: Wheat, Sourdough, White, Light Rye, Assorted Rolls

Avocado.....	1.00	Jalapeños.....	.50
Cranberry.....	.50	Fresh Mozzarella.....	1.50
Roasted Red Peppers...	.50	Applewood Bacon.....	2.00

Swiss, Jack, Pepper Jack, Cheddar, Provolone .75

Fresh Turkey Breast Roasted Daily

\$7.75

\$7.25

Roast Beef	Rosemary Cotto Ham
Smoked Turkey	Black Forest Ham
Smoked Pepper Turkey	Baked Ham
Pepper Turkey	Pastrami
Honey Turkey	Corned Beef
Chicken	BLT
Dark Turkey	Albacore Tuna
Italian Salami	Italian Mortadella
Hot Salami	German Bologna

\$6.75

Turkey Almond Salad	Vegetarian
Egg Salad	Cheese
Chicken Salad	Liverwurst

\$7.95 – \$9.95

Prosciutto	Copa Salami
Lachsschinken	Hot or Mild Copa
Smoked Tongue	Soppresata

GRILLED PANINI

\$7.50

Prosciutto

Fresh Mozzarella, Roasted Red Peppers, Pesto Mayo

Roast Beef

Swiss Cheese, Caramelized Onion, Mayo

Roast Turkey

Jack Cheese, Caramelized Onion, Roasted Red Peppers

Rosemary Cotto Ham

Fresh Mozzarella, Roasted Red Peppers, Pesto Mayo

Reuben

Corned Beef, Sauerkraut, Swiss Cheese,
Thousand Island on Rye

Grilled Portobello Mushroom

Fresh Mozzarella, Caramelized Onion, Pesto Mayo

Grilled Eggplant

Fresh Mozzarella, Roasted Red Peppers, Balsamic Vinegar

Grilled Veggie

Assorted Grilled Veggies, Fresh Mozzarella, Pesto Mayo

Quattro Formaggi

Fresh Mozzarella, Swiss, Jack, Provolone, Pesto Mayo

Fresh Mozzarella

Tomato, Basil, Roasted Red Peppers, Olive Oil,
Balsamic Vinegar

Vegetarian

Turkish Vegan

Muhammara Spread, Cucumber, Sundried Tomato, Avocado,
Homemade Marinated Artichoke Hearts

Fresh Mozzarella

Spinach, Tomato, Onion, Roasted Red Pepper, Pesto Mayo

Southwest Veggie

Fresh Mozzarella, Avocado, Tomato, Spinach, Chipotle Pesto

Greek Veggie

Chopped Olives, Feta, Homemade Marinated Artichoke
Hearts, Roasted Red Peppers, Onion, Spinach

Grilled Eggplant

Roasted Red Peppers, Tomato, Onion, Spinach, Pesto Mayo

SANDWICHES

\$6.95 – \$9.95

Fresh Mozzarella

Spinach, Tomato, Onion, Roasted Red Pepper, Pesto Mayo

Prosciutto Mozzarella

Roasted Red Pepper, Artichoke Hearts, Oil & Vinegar

Chicken Peppercorn Club

Chicken Breast, Cheddar, Applewood Bacon,
Peppercorn Spread, Tomato, Lettuce, Onion

Italian Sub

Prosciutto, Mortadella, Copa, Salami, Provolone,
Artichoke Hearts, Pepperoncini, Red Onion, Oil & Vinegar

Rosemary Cotto Ham w/ Fresh Mozzarella

Roasted Red Peppers, Lettuce, Tomato, Pesto Mayo

Smoked Turkey & Applewood Bacon

Tomato, Lettuce, Swiss, Pesto Mayo

Hot Sandwiches

\$7.75 – \$12.95

Eric's Meatloaf

Homemade Daily

Pastrami

Sliced Thin and Piled High

Chicken Breast w/ Caramelized Onion

Swiss Cheese, Spinach, Mayo

Italian Meatball

Homemade Italian Meatball, Provalone, Sauce

Prime Rib*

Served w/ Horseradish

Filet Mignon*

Searred w/ Onions & Mushrooms
Served w/ Jack Cheese and Horseradish

* call for availability